

Welcome to the second installment!

Dear Parents and Students,

This is an exciting time as students have adjusted to new classes, exercises, and combinations. With that comfortability, now students flourish and blossom in class. It is rewarding to see new friendships form and existing friendships strengthen as students get to know each other and work together. Choreography will begin being introduced over the next few months as we move into preparation for the Student Presentation and Spring Production.

The holiday season is right around the corner! Please closely read the Important Dates on the bottom of this page to see when the studio will be closed. All dates are also noted on the Calendar on the studio website. Our studio follows the Calvert County Public School System for *Inclement Weather Only* – we will always notify parents via email, as well as post on the website and Facebook, if we close due to weather.

We hope your dancer is enjoying the year as much as we are. If you ever need anything, please email or call and we will be happy to help!

Sincerely,
Becky Arden
Executive Director



Important Dates:

- November 11 _____ 2nd Tuition Payment Due
- November 17 _____ Administrative fee due (unpaid tuition)
- November 22-25 _____ Thanksgiving Break
- November 27 _____ School Reopens
- December 21 – January 1 _____ Winter Break
- January 2 _____ School Reopens
- January 11 _____ 3rd Tuition Payment Due
- January 15 _____ Martin Luther King Jr Day – Studio Closed
- January 17 _____ Administrative fee due (unpaid tuition)

Please note that school newsletters will be available on our website. Remaining newsletters will come out on January 11, and March 11.

Office Hours:

Monday: 5:00 – 8:00 p.m.
Tuesday: 5:00 – 8:00 p.m.
Wednesday: 6:00 – 8:00 p.m.
Thursday: 5:00 – 8:00 p.m.
Friday: 6:00 – 8:00 p.m.
Saturday: 9:30 – 11:30 a.m.
Sunday: OFFICE CLOSED

Studio Hours of Operation:

Monday: 4:00 – 9:00 p.m.
Tuesday: 3:45 – 8:00 p.m.
Wednesday: 9:45 a.m. – 12 p.m. & 4:30 – 9:00 p.m.
Thursday: 4:00 – 9:00 p.m.
Friday: 4:30 – 9:00 p.m.
Saturday: 9:00 a.m. – 12:00 p.m.
Sunday: STUDIO CLOSED

Tuition:

Credit Card Payments: Credit card payments can be made online on our website, during office hours, in person or via phone. Any payments made online or via telephone incur a \$3.00 convenience fee that must be added to your payment total.

Payment Drop Box: We have a payment drop box in the North Beach studio lobby (under the office window). Please write your child's name and what the payment is for on your check or money order so we may correctly credit your account.

Cash Payments: If you are making cash payment, please see the North Beach office during office hours.

A grace period of **5 consecutive days** will be honored. Payments received after that 5-day grace period will result in a \$25 administrative fee.

Payments are due regardless of attendance and holidays.

Holiday Breaks!

Please review the important dates on the first page of the newsletter for upcoming Thanksgiving and Winter Breaks. All dates are also outlined on the Calendar on our website.

Weather:

If the studio will be closed due to inclement weather, we will post on our website and Facebook page as well as send an email to parents.

Our school is not in the North Beach flood zone.

We follow the Calvert County Public School system for inclement weather only.



GENTLE FLOW YOGA

Gentle Flow Yoga is a passive approach to Vinyasa Yoga. Poses are sequenced at a slower and gentler pace for less body strain. This practice emphasizes proper posture alignment through breath & body movement.

NORTH
BEACH
SCHOOL OF
DANCE

CLASS LOCATION & SCHEDULE

North Beach School of Dance
4110 3rd Street, North Beach
Tuesday evening, 7:00pm–8:00pm



CLASS PRICING

Introductory Offer (October–December 2023)
Drop-In \$20 (reg. \$22)
10 Class Pack \$150 (reg. \$180)



Instructor: Elizabeth Lawton is a Holistic Health Coach and Yoga Teacher. Her journey began in 1993 with a meditation practice. In 1997, and after an injury, she followed through with a yoga asana practice. She was certified as a Holistic Health Practitioner in 2007, and in 2012 Elizabeth became a yoga teacher. Today, she specializes in using restorative wellness modalities while guiding and instructing youth and adults in her classes.

Uniform:

All students must be in proper uniform for class.

Detailed uniform requirements can be found on our website.

We ask that students arrive and depart the school covered in street clothing, not their dance uniform. Dance shoes should not be worn outside of the studio – it will ruin the shoes.

Parking:

Please park in designated areas only. Signs on the street indicate where parking is permitted.

Parents may block the driveway directly in front of the studio, during drop-off and pick-up for no longer than 5 minutes. The two parking spots in front are residential only. *Please do not park in either residential spot.*