

# Vicissitudes



## Pre-Ballet I

Monday 4:00pm, 4:30pm

Wednesday 10:00am

## Teacher

Ms. Dee

**Hairpiece/Hat:** To be determined.

**Tights:** Capezio Child Footed Tights with Self Knit Waistband (#1915C); Color-Ballet Pink; [www.discountdance.com](http://www.discountdance.com)

**Shoes:** Black Ballet Flats with one pink elastic or spray existing pink class shoes with Meltonian Nu-Life Color Spray (#615) (Take care to not spray bottom of shoe so that it will not rub off on floors; May use painter's tape to minimize spray on bottom of the shoe as needed); [www.shoetreamarketplace.com](http://www.shoetreamarketplace.com) (Use Meltonian 615 in search box); Can also be purchased at Hakky Instant Shoe Repair in Annapolis Mall.

**Other Accessories:** Butterfly Wings (See Below)

**Sewing Instructions:** 1) Sew one pink elastic on each ballet shoe just in front of the ankle-foot crease. 2) Fit arm elastics of butterfly wings to child and tack - Do NOT use Velcro. 3) Tack top yellow layer of skirt to the bottom orange layer (4-6 tacks) to keep from flipping up.

**Additional Notes:** Hair in bun. Hang costume. Tack using matching thread. When transporting butterfly wings, do not crush (place in box or spacious container). Steam costume as needed to remove wrinkles and fluff material. Remove all costume tags. DO NOT IRON.

# Vicissitudes



## Pre-Ballet II

Tuesday 6:15pm

## Teacher

Ms. Dee

**Hairpiece/Hat:** Flower Hairpiece - Center hairpiece around the top of the bun and secure with bobby pins.

**Tights:** Capezio Child Footed Tights with Self Knit Waistband (#1915C); Color-Ballet Pink; [www.discountdance.com](http://www.discountdance.com)

**Shoes:** Class Pink Ballet Flats

**Other Accessories:** **Black Ribbon for Bodice:** 1) Using the black ribbon, begin lacing at the top loops of the bodice and lace downward, skipping every two loops. 2) Do not lace through the last set of loops - leave approximately 1 inch of space (See Photo). 3) Tie the ribbon in a bow at the bottom of the bodice. The loops of the ribbon should measure **2.5 INCHES**. The ribbon strands should measure **4 INCHES**, cut-off any excess ribbon (See Photo). 4) Once bow is tied and measured, tack the center/knot of the bow to keep from coming loose.



**Sewing Instructions:** 1) Tack the top green layer of the skirt to the bottom yellow layer of the skirt, approximately 3 inches from the bottom of the skirt. Tack on the navy ribbon of the skirt (6-8 tacks) to keep from flipping up. 2) Tack the opening in the back of the green skirt closed (3-4 tacks).

**Additional Notes:** Hair in bun. Hang costume. Tack using matching thread. Steam costume as needed to remove wrinkles and fluff material. Remove all costume tags. **DO NOT IRON.**

# Vicissitudes



## Pre-Ballet III

Tuesday 6:30

Thursday 5:00pm

## Teachers

Ms. Abigail

Ms. Audrey

**Hairpiece/Hat:** White Bonnet - Place over bun and behind ears (See Photos). The purple flowers and green ribbon on the bonnet should be centered at the bottom of the bun. Secure with the provided bobby pins - if needed, add additional bobby pins to secure the bonnet in place. Tie the green ribbon on the bonnet in a bow and tack the center/knot of the bow to prevent from coming loose. (See Photos).



**Gloves/Arm Bands:** White Wrist Flower - wear on left wrist.

**Tights:** Capezio Child Footed Tights with Self Knit Waistband (#1915C); Color-Ballet Pink;  
[www.discountdance.com](http://www.discountdance.com)

**Shoes:** Class Pink Ballet Flats

**Other Accessories:** None

**Sewing Instructions:** 1) Tack the green top layer of the skirt to the white layer underneath (6-8 tacks) to prevent it from flipping up. 2) Tie the green bodice ribbon in a bow at the bottom of the bodice. The loops of the ribbon should measure **2.5 INCHES**. The ribbon strands should measure **6 INCHES**, cut-off any excess ribbon (See Photo). 3) Once bow is tied and measured, tack the center/knot of the bow to keep from coming loose.

**Additional Notes:** Hair in bun. Hang costume. Tack using matching thread. Steam costume as needed to remove wrinkles and fluff material. Remove all costume tags. DO NOT IRON.



# Vicissitudes



## Vaganova I

Monday 6:30pm  
Thursday 7:15pm

## Teachers

Ms. Abigail  
Ms. Heather

**Hairpiece/Hat:** Flower Hairpiece - Center hairpiece around the top of the bun and secure with bobby pins.

**Tights:** Capezio Ultra Soft Transition Tights; Color-Ballet Pink; Child (#1816C) or Adult (#1816); [www.discountdance.com](http://www.discountdance.com)

**Shoes:** Class Pink Ballet Shoes with one Elastic NOT Ribbon (See Below).

**Other Accessories:** **Yellow Ribbon for Bodice:** 1) Using the yellow ribbon, begin at the bottom of the bodice and lace upward, lacing every THIRD loop (See Photo). 2) Make sure the ribbon lays flat when lacing. 3) Tie the ribbon in a bow underneath the three flowers at the top of the bodice (See Photo). The loops of the ribbon should measure **2.5 INCHES**. The strands of the ribbon should measure **4 INCHES**, cut-off any excess ribbon (See Photo). 4) Once bow is tied and measured, tack the center/knot of the bow to keep from coming loose.



**Sewing Instructions:** 1) Sew elastic on ballet shoes just in front of the ankle-foot crease (See Photo). Ribbons may be removed from class shoes during the week of dress rehearsal. 2) Tack the skirt to the leotard, just above the hip bone (6-8 tacks). 3) Tack top peach layer of skirt to the white layer underneath (6-8 tacks) to keep from flipping up. When tacking the skirt, make sure to tack above the lace border. 4) Tack the opening in the back of the peach skirt closed (3-4 tacks). 5) Tack the white apron to the top peach layer of the skirt (4-6 tacks) to keep from flipping up. 6) Depending on dancer and fit, you may need to tighten the sleeves for a snug, not loose, fit around the shoulders.



**Additional Notes:** Hair in bun. Hang costume. Tack using matching thread. Steam costume as needed to remove wrinkles and fluff material. Remove all costume tags. DO NOT IRON.



# Vicissitudes



## Vaganova II

Monday 5:45pm

Wednesday 4:45pm

## Teacher

Ms. Abigail

**Hairpiece/Hat:** None

**Gloves/Arm Bands:** None

**Tights:** Capezio Ultra Soft Transition Tights; Color-Ballet Pink; Child (#1816C) or Adult (#1816); [www.discountdance.com](http://www.discountdance.com)

**Shoes:** Class Pink Ballet Shoes with Elastic NOT Ribbon (See Below).

**Other Accessories:** **Velvet Corset:** 1) Have dancer put on the costume. 2) Remove ribbon from corset and fit corset to the dancer. 3) Using the corset ribbon, lace the corset from top to bottom. Make sure to leave approx. **2.5 inches** of space in the center of the corset (See Photo). 4) When finished lacing the corset, **double knot the ribbon**. 5) Have dancer carefully slide the corset off (keeping the ribbon knotted), either over the head or over the hips. The corset **should** slide either over the head or over the hips while remaining knotted. This will help with quick changes. 6) If the corset shifts while dancing, hook and eyes or snaps can be added to the top right and left sides of the corset.



**Nude Leotard:** Natalie Seamless Camisole Undergarment Leotard; Color-Caramel; Child (#N234C) or Adult (#N234); [www.discountdance.com](http://www.discountdance.com)

**Sewing Instructions:** 1) Sew elastic on ballet shoes just in front of the ankle-foot crease (See Photo). Ribbons may be removed from class shoes during the week of dress rehearsal. 2) Tack top peach layer of the skirt to the white layer underneath (6-8 tacks) to keep from flipping up. 3) While dancer is in the costume, tie neck and arm ribbons in a bow and tack the knot of each of the bows to secure. 4) While dancer is in the costume, tie corset ribbon in a bow. 5) Once bow is tied, tack the center/knot of the bow to keep from coming loose.



**Additional Notes:** Hair in bun. Hang costume. Tack using matching thread. Steam costume as needed to remove wrinkles and fluff material. Remove all costume tags. DO NOT IRON.

# Vicissitudes



## Vaganova II

Friday 5:00pm

## Teacher

Ms. Abigail

**Hairpiece/Hat:** Bow Hairpiece - Wear underneath the bun. Secure with plenty of bobby pins.

**Gloves/Arm Bands:** None

**Tights:** Capezio Ultra Soft Transition Tights; Color-Ballet Pink; Child (#1816C) or Adult (#1816); [www.discountdance.com](http://www.discountdance.com)

**Shoes:** Class Pink Ballet Shoes with Elastic NOT Ribbon (See Below).

**Other Accessories:** Nude Leotard: Natalie Seamless Camisole Undergarment Leotard; Color-Caramel; Child (#N234C) or Adult (#N234); [www.discountdance.com](http://www.discountdance.com); Note: There is no choker as the above photo shows.

**Sewing Instructions:** 1) Sew elastic on ballet shoes just in front of the ankle-foot crease (See Photo). Ribbons may be removed from class shoes during the week of dress rehearsal. 2) Tack the center knot of the bow hairpiece to prevent from coming loose. 3) Tack the blue sash to the costume at each hip: with the "V" of the sash pointing downward and centered (See Above Photo), line up the bottom of the sash with where the bodice of the costume and the skirt meet on each side (near the hip). It may be easier to do this while your dancer is in the costume. Tack the sash to the costume 2-3 times at each hip. 4) Tack the top layer of the white skirt to the underneath layer (6-8 tacks) to keep from flipping up.



**Additional Notes:** Tie the sash ribbon in a tight bow (Note: dancers will have to help one another tie the ribbons). Hair in bun. Hang costume. Tack using matching thread. Steam costume as needed to remove wrinkles and fluff material. Remove all costume tags. DO NOT IRON.

# Vicissitudes



## Act I, Part I Classical

### (Giselle)

By Invitation

### Teacher

Ms. Abigail

**Hairpiece/Hat:** None

**Gloves/Arm Bands:** None

**Tights:** Capezio Ultra Soft Transition Tights; Color-Ballet Pink; Child (#1816C) or Adult (#1816); [www.discountdance.com](http://www.discountdance.com)

**Shoes:** Pointe Shoes

**Other Accessories:** Pasties: Bunheads Adult Smoothies (#BH3671); [www.discountdance.com](http://www.discountdance.com); Nude Leotard: Natalie Seamless Camisole Undergarment Leotard; Color-Caramel; Child (#N234C) or Adult (#N234); [www.discountdance.com](http://www.discountdance.com)

**Sewing Instructions:** 1) Sew hook and "threaded" eyes to the back of the skirt (Reference the Instructional Video the Studio emailed). 2) Skirt should fit snug at the natural waistline (darts should be added to the back of the skirt, if needed).

**Additional Notes:** Hair in bun. Cut tags so they are not seen through white fabric. Hang costume. Tack using matching thread. Steam costume as needed to remove wrinkles and fluff material. DO NOT IRON.

# Vicissitudes



## ACT I, Part II Classical (Waltz)

By Invitation

Teacher

Ms. Abigail

**Hairpiece/Hat:** Black Hairnet Mask

**Gloves/Arm Bands:** None

**Tights:** Capezio Ultra Soft Transition Tights; Color-Ballet Pink; Child (#1816C) or Adult (#1816); [www.discountdance.com](http://www.discountdance.com)

**Shoes:** Pointe Shoes

**Other Accessories:** Pasties: Bunheads Adult Smoothies (#BH3671); [www.discountdance.com](http://www.discountdance.com)

**Sewing/Additional Instructions:** Grey overlay dress will be worn over the top of the white classical leotard and skirt.

**Additional Notes:** Hair in bun. Hang costume. Steam costume as needed to remove wrinkles. Remove all costume tags. DO NOT IRON.